

Food-Related VAS: Addressing Food Insecurity

Texas MCOs have developed a variety of food-related VAS to help address food insecurity and support healthy eating. Here's a summary by program and plan:

STAR/CHIP/CHIP Perinatal

- **Aetna:** Weight loss programs, \$25 quarterly allowance for health/grocery products, bus passes for WIC visits.
- **Blue Cross Blue Shield Texas:** Up to 14 home-delivered meals post-hospital discharge, free rides to non-Medicaid services.
- **Community First Health Plan:** Home-delivered meals for postpartum members, bus passes to grocery stores and community resources.
- **Community Health Choice:** Rides to WIC/food banks, \$100 Baker Ripley membership for nutrition and wellness activities.
- **Cook Children's Health Plan:** Monthly round-trip for social needs, \$50 food benefit for pregnant/high-risk members.
- **Dell Children's Health Plan:** Rides to food resources, fresh food delivery after childbirth, emergency food delivery.
- **Driscoll Health Plan:** Rides to food pantries, one-year SHIPT grocery delivery for high-risk pregnant members, nutritional counseling.
- **El Paso Health:** \$25 food gift cards for new members, extra nutrition counseling for youth, gift cards for pregnant members.
- **FirstCare/BSW:** Monthly ride for groceries, WIC, fitness, or classes.
- **Molina:** Up to 10 home-delivered meals for members with behavioral health conditions, \$30 gas reward for food resource visits.
- **Parkland:** Free monthly ride to grocery/food bank/WIC, meal service for postpartum members.
- **United:** Four round-trip rides for non-covered health needs, including groceries.
- **Wellpoint:** Up to 12 round trips to WIC/food pantries, community events.

STAR+PLUS (for adults with disabilities and older adults)

- **Community First Health Plan:** Bus passes to grocery stores and community offices.
- **Community Health Choice:** Rides to food banks, access to nutritionists, home-delivered meals post-hospital discharge.

- **El Paso Health:** Free ride service for non-medical needs, \$50 Healthy Eats gift card for diabetic members, up to 14 home-delivered meals post-hospital discharge.
- **Molina:** \$15 gas reward for food resource visits, up to 10 home-delivered meals post-hospital discharge, dietitian visits for diabetic members.
- **Superior:** Transportation for nutritional counseling, rides to benefit offices.
- **United:** Four round-trip rides for non-covered health needs, \$60 flexible healthy food benefit post-hospital discharge.
- **Wellpoint:** Up to 12 round trips to WIC/food pantries, one month of home-delivered meals post-hospital discharge, choice of produce boxes, Sam's/Costco membership, or \$100 grocery gift card.

STAR Kids (for children with disabilities)

- **Aetna:** Bus passes for members and families to WIC and community events.
- **BCBSTX:** Free rides to non-Medicaid services, up to 14 home-delivered meals post-hospital discharge.
- **Community First Health Plan:** Bus passes to grocery stores and community offices, home-delivered meals post-hospital discharge.
- **Cook Children's Health Plan:** Monthly round-trip for social needs, \$50 food gift card during hospitalization.
- **Driscoll Health Plan:** Rides to food pantries, one-year SHIPT grocery delivery for high-risk pregnant members, nutritional counseling.
- **Superior:** Up to 15 home-delivered meals per year post-hospital discharge, rides to Social Security or food pantry.
- **United:** Four round-trip rides for non-covered health needs.
- **Wellpoint:** Up to 12 round trips to WIC/food pantries.