



LUNCH & LEARN

06.13.2025



Maternal Health



Welcome & Introductions



1. Using the chat, take a moment to share your reason(s) for joining today's lunch & learn.

2. Answer the poll questions to help us all get a sense of who is in the Zoom room.





Goals & Purpose

What we will do:

- Provide preview of the CHCI 2025-26 cohort experience
- Share EHF's process and takeaways learning about our Priorities for Change
- Connect organizations, individuals, collaboratives, and coalitions working on similar issues

What we won't do:

- Preview EHF's next grantmaking cycle; pitch ideas
- Unpack details from EHF's new strategic framework
- Announce issues, ideas, or examples of what EHF intends to fund





Agenda

- 01 Level Setting
- 02 CHCI: An Overview
- O3 EHF + Maternal Health: Takeaways from2024
- 04 How to Apply for CHCI + Q&A
- 05 Breakout: Cohort Preview (time permitting)
- 06 What's Next?





Level Setting

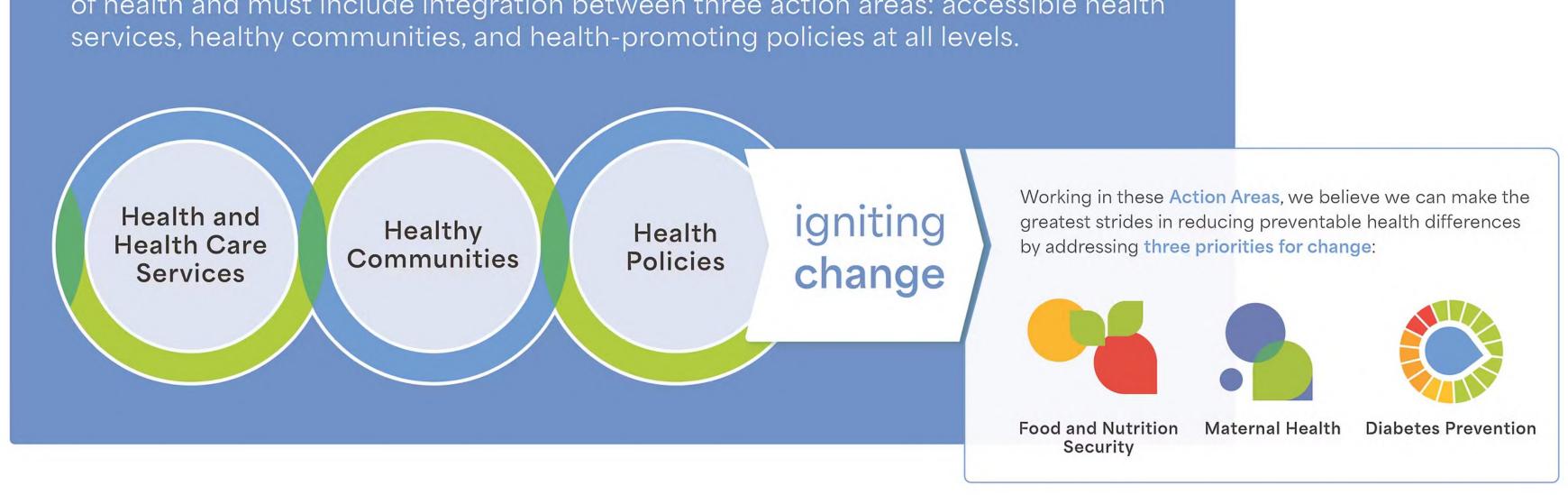




EHF Strategic Framework 2025 – 2030

EHF ACTION AREAS

EHF believes that whole-person well-being requires addressing non-medical drivers of health and must include integration between three action areas: accessible health









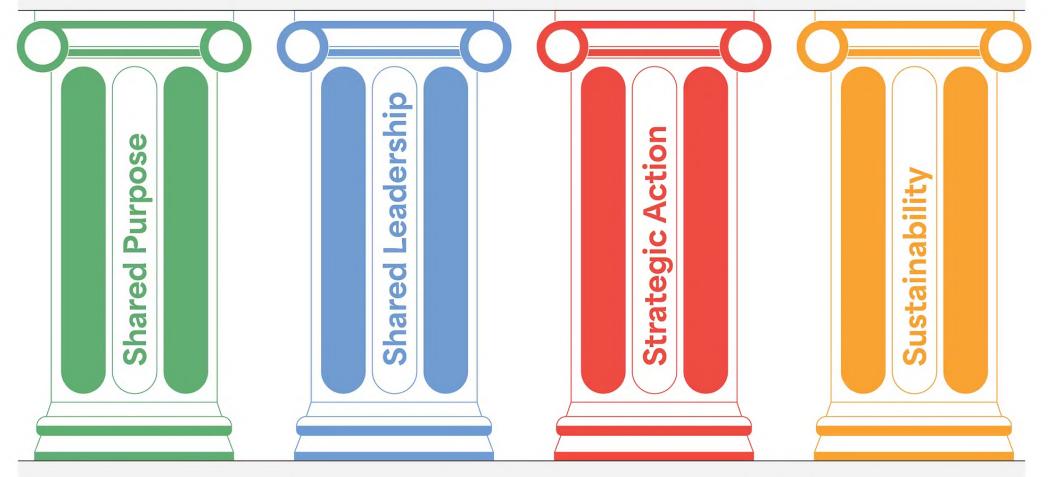
What is CHCI?

EHF understands that complex health challenges in our communities often can't be solved by one organization alone. We need strong cross-sector collaborative efforts in order to improve health at the population and community levels. For that reason, we have launched CHCl as a resource to strengthen the effectiveness and impact of existing health-focused collaboratives in our region.













Pillars of Collaboration





Components of CHCI

- 1:1 collaborative coaching
- 12-month commitment
- In-person kickoff and reunion
- 4 topical webinars on pillars of collaboration
- Technical assistance on community engagement [NEW!]
- Consulting and networking with cohort peers

- Eligibility specific to maternal health, diabetes prevention, food & nutrition security [NEW!]
- Assigned video content and readings in between webinars
- Financial support to implement your collaborative's learning
- Practitioners, funders, and researchers as guest speakers
- Pre- and post- collaborative selfassessment





Is CHCI right for you?



The collaborative is made up of at least 2 organizations that have been collaborating for at least a year.



The coalition's work impacts at least one of the 81-counties in EHF's service area.



The collaborative's work is focused on maternal health, diabetes prevention, or food & nutrition security.



The collaborative has a challenge the group wants to collectively address and improve.



The coalition has a "core team" of 5-8 collaborative members who can participate in each activity on the CHCI 2025-26 timeline (not required to apply but strongly encouraged for participating coalitions).





PRIORITY FOR CHANGE

Maternal Health

Christy Serrano
Sr. Program Officer, EHF





What is "Maternal Health"

The health of a birthing person throughout pregnancy, childbirth, and the postpartum period.

 Includes physical health, emotional/mental health, and a range of factors that influence maternal well-being such as social supports and economic circumstances.

Maternal and infant health are inextricably linked and both contribute to the overall well-being of communities.

 Prioritizing health in the perinatal period can result in positive, long-term health outcomes for both mother and child, and can determine the health of future generations

TERMINOLOGY

Postpartum	12 months following the end of a pregnancy
Antenatal or prenatal	During pregnancy
Perinatal	From conception through full year postpartum



- Create the EHF
 Maternal Health
 Team
- Review the data and evidence
- Interview subject matter experts

(January - June 2024)

Ignition Festival (June 2024)

In Common and congregational meetings

Lived Experience Convenings (June - July 2024) "Focus on what families feel is most impacting them."

Ignition Fest participant

"We have rights, but we don't have respect."

Santa Maria Hostel participant



EHF LISTENING SESSIONS:

WHAT WAS HEARD



EHF LISTENING SESSIONS:

WHAT WAS HEARD

Policy and System Improvements

 paid parental leave, affordable child care, system accountability

Practical Supports

 household help, meals, help caring for children, material needs

Patient-Centered and Respectful Care

 ask questions and to share concerns w/o fear, culturally responsive care w/o racism or stigma

Public Benefits

burdensome, unaware of options (until too late), confusion about eligibility, fear of repercussions

Mental Health and Emotional Support

 social isolation, desire to connect with moms, access resources, be in community

Becoming Advocates

 education on reproductive and maternal health and family planning, desire for voice to be heard



Maternal Health

PRELIMINARY STRATEGIES



Maternal Health

Preliminary Strategies

Health and Health Care Services:

• Build a culturally-responsive, perinatal care team early in pregnancy, and through 12 months postpartum, by strengthening and increasing access to team-based models of care that address mental health and non-medical drivers of health.

Healthy Communities:

 Increase options and access to community supports for maternal health, mental health, and non-medical drivers of health needs starting early in pregnancy and through the first years of a child's life.

Health Policies:

 Support and strengthen policies and policy implementation to address health needs and health outcomes of pregnant and postpartum Texans and their children.



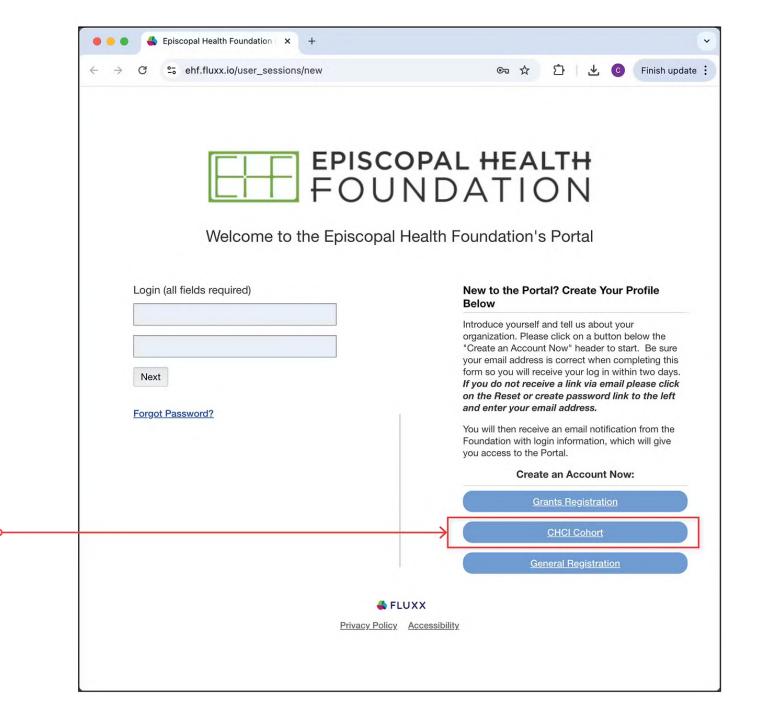
Collaborating for Healthy Communities Initiative



 Create a profile in Fluxx by clicking "CHCI Cohort" via the link at episcopalhealth.org: For Communities > Collaborating for Healthy Communities

Once you submit your information, you will receive an email asking you to set your password.

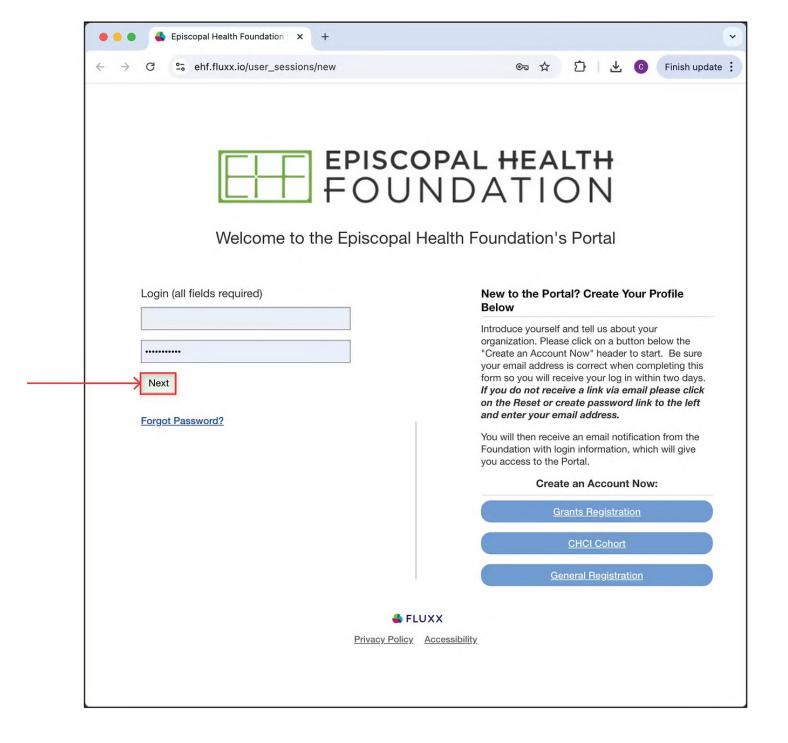
After setting your password, you will receive email confirmation.







2. Return to the link and login using your credentials.

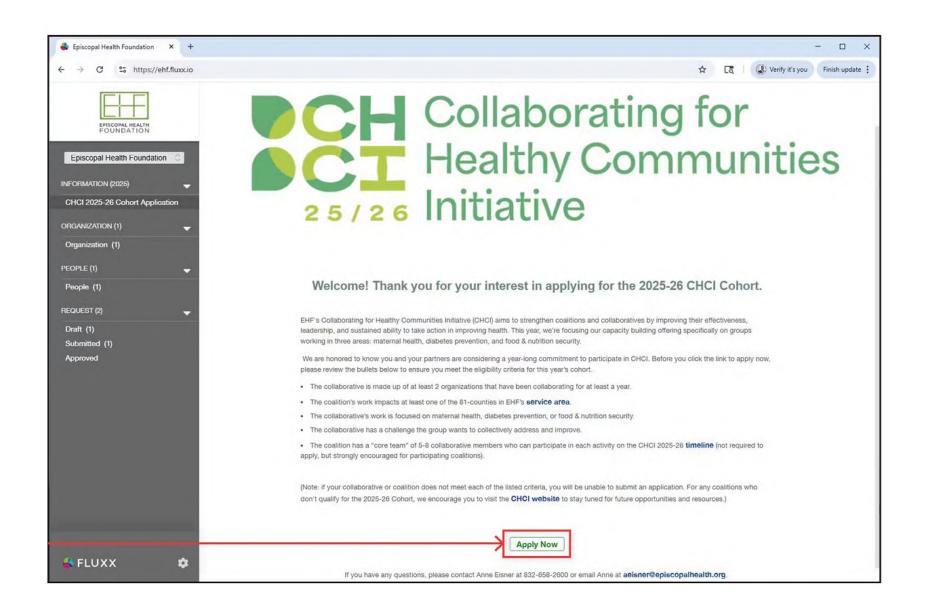






3. You may now begin your CHCI application.

Complete each section and click Save and Close to access the Submit button.







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Complete each section and click Save and Close to access the Submit button.

APPLICATION OVERVIEW

- Basic Information
- About the Collaborative
- Primary Contacts
- Application Questions
 - 1. What is the mission of your Collaborative?
 - 2. What is your Collaborative's vision?
 - 3. What is your collaborative working to achieve over the next year?
 - 4. What are the challenges that your Collaborative is working to overcome?
 - 5. Is your collaborative better suited for coaching in person or virtually?
 - 6. Has your Collaborative ever been involved with a Peer Learning Network, or another capacity building program?
- Additional Collaborative Information





3. You may now begin your CHCI application.

Complete each section and click Save and Close to access the Submit button.

Additional Instructions:

- The portal does not autosave. You must periodically click the Save and Continue button to ensure that your data will not be lost.
- To save and finish at a later time, click the Save and Close button at the bottom of the page.
- To submit your application, you must first click the Save and Close button, then the Submit button will be accessible.





BREAKOUTS: COHORT PREVIEW





Breakout Instructions

INTERVIEW QUESTIONS

- What's one fun fact about you?
- What collaborative or organization do you represent?
- What is one thing you wish your collaborative could do better, more of, or differently?





What's Next?

- June 13, 2025 Cohort Applications Open
- July 13, 2025 Cohort Applications Close
- July 23, 2025 August 1, 2025: Follow-up Calls with Applicants
- August 12-15, 2025: CHCI 2025-26 Cohort Announced
- August 22, 2025: Online CHCI Orientation
- September 8-30, 2025: In-Person Collaborative Self-Assessment
- October 17, 2025: CHCI 2025-26 Kickoff (in-person)
- More dates at episcopalhealth.org: For Communities > Collaborating for Healthy Communities

Tip: complete your application <u>EARLY</u>







Questions?

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Thank you team!

CH Collaborating for Healthy Communities 1 25/26 Initiative

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