Promoting equity by improving health not just health care in Texas

We aim to equip communities, health collaboratives, congregations, and health care system partners, with resources to take action so all Texans have the opportunity to live their healthiest lives.

EHF ACTION AREAS

EHF believes that whole-person well-being requires addressing non-medical drivers of health and must include integration between three action areas: accessible health services, healthy communities, and health-promoting policies at all levels.

- **Health and Health Care Services**: Equitable access to comprehensive health services is essential for a person’s health.
- **Healthy Communities**: Health-promoting communities are where health happens.
- **Health Policies**: Health-minded policies change systems to improve health for everyone.

Working in these **Action Areas**, we believe we can make the greatest strides in reducing preventable health differences by addressing three priorities for change:

- Food and Nutrition Security
- Maternal Health
- Diabetes Prevention