Preliminary Feedback: MCO Interviews

Accelerating Partnerships Between Food Banks and Managed Care Organizations

Landscape Assessment

- Feeding Texas (FT)/Stephanie Muth Consulting (SMC) will design and conduct health plan interviews with input from the Working Group.
- Compliments efforts of the Texas Health Improvement Network study with health systems and food banks.
- Follow-up interviews with Food Banks will be conducted as needed.
- A final report with findings will be produced.

Landscape Assessment Status

Interviews Completed:

- Completed 10 interviews with 1 additional interview scheduled.
- 4 health plans have not responded or have declined to participate.

Key takeaways:

- Health plans have universally expressed support for exploring opportunities for partnership.
- Various partnerships currently exist.
- Conversations to date have spurred further collaboration.
- Health Plans are referring members with food insecurity

Food Bank Observations

MCO Observations about Food Banks:

- Know the population they are serving. Nutrition education is culturally appropriate.
- Have the recognition and trust within the community.
- Have the opportunity to work together to continue to improve nutritional value of foods distributed.

Current Partnerships: Overview

- Partnerships are designed to reach community at large or target specific membership.
- Partnerships are designed to address food insecurity or to target a health intervention for a particular population.
- Partnerships exist in urban and rural areas.

Current Partnerships: Examples

- Examples of partnerships addressing community at large:
 - Food pantry at a health clinic.
 - Funding a refrigerated truck.
 - Funding classes and nutritional counseling for community members with diabetes.
 - Food distributions open to the community at large, but targeting MCO membership.
 - Participation in community events that include food distribution, healthy cooking demonstration and wellness checks.
 - Charitable donations and food drives.
- Examples of partnerships targeting MCO members:
 - MCO screens for food insecurity and does a managed referral to the food bank.
 - MCO provides food pantry and nutritional counseling at a clinic location for their membership.

Key Partnership Opportunities

- Building on the capacity of the food banks for application assistance to create a managed referral process that includes meeting immediate food needs and assisting with SNAP applications.
- Explore opportunities for MCOs and food banks to partner on providing medically tailored meals to specified populations including meals related to certain conditions or targeting food insecure households.
- Building on the capacity of food banks to provide evidence based nutrition education programs.

Next Steps

- Finalize report.
- Collectively explore partnership models.
 - Build on inventory of existing partnerships.
- Design potential pilots.