






## FINDING YOUR GIFTS

<b>Gifts of the Head</b> 	<b>Gifts of the Hands</b> 	<b>Gifts of the Heart</b> 
(things I know something about, and would enjoy taking about, or teaching others about, e.g., birds, art history, movies, solar energy)	(things I know how to do and enjoy doing, e.g., carpentry, sports [be specific], gardening, cooking).	(things I care deeply about, e.g., protection of the environment, civic life, children).